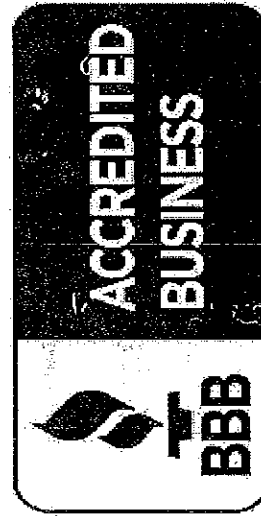


### About the Online Classes:

Our classes are **completely online** -- no calling to register, no mailing exams, no hidden mailing fees, and no waiting for your certificate. Once you complete the course online, your certificate of completion is immediately available online.

Online Classes are convenient and flexible. You can take anywhere from a few hours to a week or a month to do a lesson. The classes are self-paced and there is no specific time you have to be available. The classes fit into your schedule not the other way around. By offering this course online, we hope to make this valuable program easily accessible to all families in need.

If you have an IFP (in forma pauperis), and you are represented by your local Legal Aid you may qualify for a fee waiver. For information and availability, please visit our website at [www.parentsforever.org](http://www.parentsforever.org). You may contact us with your fee request via the help link on the website.



[www.ParentsForever.org](http://www.ParentsForever.org)

### What others say about our courses...

"Although I sparingly cast support for programs, I enthusiastically strike the gong to Parents Forever. As a result of this program, I have observed more disputes settled voluntarily, less child stress, less cost in time and money to the legal system and divorcing parents, and a greater likelihood of settling future disagreements."

*The Hon. Bruce W. Christopherson,  
District Court Judge*

"Court-ordered custody evaluations have dropped by half during the two years we have presented Parents Forever in my district. I would credit this significant drop to the information that is presented in Parents Forever."

*David Lecheter, Custody Evaluator  
State Department of Human Services*

"The classes helped me to realize that although this process is difficult, there are tools and techniques that lessen the pain for all family members."

"It's changed me! It's taken the focus more off of me and put it on 'Where do my kids fall into play here?' It was good!"

"I was very excited to see some of the signs that my children are demonstrating. I feel more confident with the suggestive methods learned, that I can become a more effective parent in this difficult time. Thank you!"

"Thank you for your time and efforts that you have put in to developing this course!"

*Parents Forever Participants*

# Family Affairs™

Education for Families  
in Divorce Transition

PRESENTS

# PARENTS FOREVER™

Completely Online

developed by the

UNIVERSITY OF  
MINNESOTA  
EXTENSION SERVICE

[www.parentsforever.org](http://www.parentsforever.org)

# PARENTS FOREVER™ PRESENTED ONLINE BY FAMILY AFFAIRS

Divorce affects at least 1,250,000 U.S. children every year. Fewer than half of America's children can expect to live out their childhood with both of their biological parents.

When parents fail to deal constructively with custody, child support, and other difficult divorce issues, the pain for the child and parents alike endures long after the divorce is final.

**Parents Forever** is an educational program for parents going through divorce. It encourages parents to negotiate divorce related decisions in a manner that reduces the negative impact of divorce on their children.

The program is research-based, designed and tested by educators at the University of Minnesota.

*The program goals are to help parents:*

- \* Eliminate parental conflict in the presence of the child
- \* Keep the child out of the parental issues
- \* Provide access to both parents
- \* Put the best interests of the child first

## **Parents Forever...**

helps you resolve current and ongoing issues in ways that keep your children feeling secure, loved and free from the turmoil of "choosing sides."

## **Courses**

The Parents Forever Program consists of five courses. Taken alone or in combination, the courses meet the minimum standards for court mandated education requirements. Most states require a minimum four hour class while others require six to twelve hours. The 6 - 12 hour requirements may be met by combining the classes. Discounts are available for multiple course registrations.

### **IMPACT OF DIVORCE ON CHILDREN**

(4 hours) Cost: \$39.00 (Available in Spanish)

This course focuses on what children experience during divorce and how parents can lead their children through this time of transition while helping them regain a sense of stability.

Topics covered include: Understanding what children experience when their parents divorce; Strengthening communication skills; Parenting strategies; Developing a parallel parenting plan.

**If you have children, you must take this course to meet the minimum requirements of all courts.**

### **IMPACT OF DIVORCE ON ADULTS**

(2 hours) Cost: \$18.00 (Available in Spanish)

Helps parents understand the divorce process and suggests ways to cope constructively with the accompanying stress, anger and conflict.

### **MONEY ISSUES IN DIVORCE**

(2 hours) Cost: \$18.00

Money is a big issue in divorce. This unit suggests ways to cope with the emotional, social and economic aspects of living with reduced income. Topics covered include: adjusting to changes in income, understanding the costs of raising children, rethinking how to spend money, setting money goals, how to talk with children about money, and money conflicts.

### **LEGAL ISSUES AND THE ROLE OF MEDIATION IN DIVORCE**

(2 hours) Cost: \$18.00

Offers an introduction to the legal process and mediation. Components include: methods of dispute resolution, how to select an attorney, custody, visitation maintenance and child support, and mediation as an option.

### **PATHWAYS TO A NEW LIFE**

(2 hours) Cost: \$18.00

This concluding unit offers participants the opportunity to look at the skills they want to develop to succeed in future relationships including: concepts of letting go, redefining parental roles and new social ties, reconciliation, single parenting, new relationships, and step families.